
Wordpress Explained Your Step By Step Guide To Wordpress

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Joomla!® 3 Explained History of God, Islam, New Riders and Buddha—now One of the most gives us an original thinkers on impassioned and the role of religion in practical book that the modern can help us make the world—author of such world a more acclaimed books as A compassionate place.

Karen Armstrong believes that while compassion is intrinsic in all human beings, each of us needs to work diligently to cultivate and expand our capacity for compassion. Here, in this straightforward, thoughtful, and thought-provoking book, she sets out a program that can lead us toward a more compassionate life. The twelve steps Armstrong suggests begin with “Learn About Compassion” and close with “Love Your Enemies.” In between, she takes up “compassion for yourself,” mindfulness, suffering, sympathetic joy, the limits of our knowledge of others, and “concern for everybody.” She suggests concrete

ways of enhancing our compassion and putting it into action in our everyday lives, and provides, as well, a reading list to encourage us to “hear one another’s narratives.” Throughout, Armstrong makes clear that a compassionate life is not a matter of only heart or mind but a deliberate and often life-altering commingling of the two.

Wordpress Explained: Your Step-By-Step Guide to Wordpress Orca Book Publishers From New York Times bestseller Kody Keplinger comes an astonishing and thought-provoking

exploration of the aftermath of tragedy, the power of narrative, and how we remember what we've lost. It's been three years since the Virgil County High School Massacre. Three years since my best friend, Sarah, was killed in a bathroom stall during the mass shooting. Everyone knows Sarah's story--that she died proclaiming her faith. But it's not true. I know because I was with her when she died. I didn't say anything then, and people got hurt because of it. Now Sarah's parents are

publishing a book about her, so this might be my last chance to set the record straight ... but I'm not the only survivor with a story to tell about what did--and didn't--happen that day. Except Sarah's martyrdom is important to a lot of people, people who don't take kindly to what I'm trying to do. And the more I learn, the less certain I am about what's right. I don't know what will be worse: the guilt of staying silent or the consequences of speaking up ...

59 Seconds RH
Childrens

Books
Master
WordPress
using our
proven step-
by-step
visual
approach
(over 330
screenshots).
This book is
a major new
release for
2021,
covering the
latest
version of
WordPress. If
major changes
do occur to
WordPress
during 2021,
you can visit
our updates
web page for
details, so
you can
always be up
to date.
Building a

beautiful, pro-
fessional-
looking
WordPress
website (or a
blog) is no
longer the
computer
geeks'
domain.
WordPress
makes it
possible for
anyone to
create and
run a website
that looks
great on any
device - PC,
Mac, tablet,
and phone.
Whether you
want to build
a business
site, an
affiliate
site, a hobby
site, or a
blog,
WordPress is

a great choice, and this book shows you how. The primary goal of this book is to take anyone, even an absolute beginner, from zero to WordPress "guru" in a few short hours. Inside this book, veteran WordPress expert Andy Williams will start at the very beginning. You'll learn essential topics like:

- The two different versions of

WordPress.

- How to set up web hosting and domain registrar the correct way.
- Installing WordPress.
- A Dashboard overview.
- Cleaning out the stuff that is installed by default.
- Finding and installing WordPress themes to change the look and feel of your website instantly.
- Plugins. What they are and how they can add fabulous features to your site.
-

- How to update WordPress, themes, and plugins.
- Understand every single setting. You can use our suggested defaults.
- How to find and use the RSS feeds to help search engines find your content.
- Importance of user-profiles and assigning an image (Gravatar) to your email address.
- Creating great navigation systems on your site, with custom

menus, internal linking, and related posts. - Enabling and dealing with visitor comments. - Using the media library for images, video, and more. - The difference between pages and posts, and when to use each one. - Effective use of categories and tags. Misusing these can get your site penalized or even banned from search engines. -

How to create content using both the Classic editor and the new Gutenberg editor. - Publish or schedule posts for a future date. - Post revisions. - Two different types of homepage. A blog-style page v a more traditional "static" homepage. - Using widgets on your site to add neat features. - Types of sites you can build with WordPress (blog, business, typical site), with videos on setting these up. We'll also cover a few vital plugins to: - Automatically take backups and get them sent to the cloud. - Automatically create important legal pages on your site, like terms and privacy policy. - Creating a contact page so visitors can contact you. - Add a related posts section to

the end of every post to keep visitors on site longer. - Setup good SEO practices. - Setup social sharing buttons on your site, so visitors can easily share your pages with friends. Most people learn better when they can see what they are reading about, so this book isn't shy with screenshots. There are over 330 of them, plus additional videos, showing you precisely what you will see on your screen and prompting you to take specific actions as you learn and master WordPress. You may have heard that WordPress has a steep learning curve. With this book, you won't even notice it. Most chapters end with a "Tasks to Complete" section. By completing these tasks, you'll not only become proficient with WordPress; you'll become confident at using WordPress. By the end of the book, you'll be building great looking, professional WordPress websites that look fantastic on any device. And you'll enjoy doing it! Note: This book covers the self-hosted .org version of WordPress but contains a hack for

the .com users to switch their dashboard so they can follow along. That's Not What Happened Harmony The bestselling guide to WordPress, fully updated for newest version of WordPress WordPress, the popular, free blogging platform, has been updated with new features and improvements. Bloggers who are new to WordPress will learn to take full advantage of its flexibility and usability with the advice in this friendly guide. Previous editions have sold nearly

50,000 copies, and interest in blogging continues to explode. WordPress is a state-of-the-art blog platform that emphasizes aesthetics, Web standards, and usability WordPress For Dummies, 3rd Edition covers both the free-hosted WordPress.com version and WordPress.org, which requires users to purchase Web hosting services. Written by an expert who works directly with the developers and cofounder of WordPress Shows readers how to set up and maintain a blog with WordPress and how to use all the new features

Like its earlier editions, WordPress For Dummies, 3rd Edition helps bloggers quickly and easily take advantage of everything this popular blogging tool has to offer. **WordPress All-in-One For Dummies** Wednesday Books Software -- Software Engineering. **React Explained** Wildblue Press Web Design For Your Average Joe! Learn how to set up a website that meets your exact needs in 3 EASY STEPS; one that the "professionals" would have

charged you thousands of dollars for! Have your very own website that looks, functions, and works better than 80% of the websites currently on the web. Just a few years ago, I could barely update my Facebook page; today I can build anything from an e-commerce website that sells products across the globe to a membership website for gardening enthusiasts. You name it, I can build it. And guess what? You can too. You will be able to build any type of website imaginable, and

this will require ZERO programming skills. Don't Let Another Excuse Get In The Way Of You Building That Website You've Always Wanted. This book was written to bridge the gap that most people still think exist – the gap that use to isolate e-computer programmers from your average Joe. The one tool that has made this all possible is Wordpress, an open-source content management system that can be operated by any computer literate person. In this easy to follow

book you will be shown exactly: How to choose the best domain for your website How to easily install Wordpress in one-click to your domain How to master and leverage the FIVE essential fundamentals of Wordpress to build the website you envision How to optimize the settings of your website to ensure your website is secure, ready to handle tons of traffic, and is beautifully designed ...AND access to a comprehensive set of 40+ Easy To Follow Wordpress Video

Tutorials Just by taking initiative and purchasing this book, you will be given access to 40+ professionally curated instructional videos for enhancing your Wordpress Skills. To ensure readers of this book end up with the website they always envisioned, these videos were created to supplement the instruction in this book and provide visual guidance for those whom prefer learning via video. You Will Be Able To Create Any & All Of The Following Website Types: Portfolio

Sites - This type of website is great for showcasing a company or one's work. Perfect for artists, musicians, creative agencies, and anybody looking to showcase art, music, client work, and more E-Commerce Sites - Looking to sell a product online? This type of website is great for selling any physical or digital product Blogs - Wordpress is the best platform for anybody looking to build a thriving, blog community Business / Service Sites - Does your business need a website? Are customers

searching for you on the Internet and you aren't there? Wordpress is perfect for building a great business website Your Website Needs You To Build It, Learn How The Easy Way! **Everything, Everything** Createspace Independent Publishing Platform Master WordPress using our proven step-by-step visual approach (over 340 screenshots). This book is a major new release for 2020, covering the

latest version of WordPress. If major changes do occur to WordPress during 2020, you can visit our updates web page for details, so your copy of the book is always up to date. Building a beautiful, professional looking WordPress website (or a blog), is no longer the domain of computer geeks. WordPress makes it possible for anyone to create and run a website that looks great on

any device - PC, Mac, tablet and phone. Whether you want to build a business site, an affiliate site, a hobby site or a blog, WordPress is a great choice. The primary goal of this book is to take anyone, even an absolute beginner, from zero to WordPress "guru" in a few short hours. Inside this book, veteran WordPress expert Andy Williams will start at the very beginning. You'll learn important topics like: - The

two different versions of WordPress. - Website hosting and domain registrars. How to set this up the correct way. - How to install WordPress. - An overview of the Dashboard. - Cleaning out the stuff that is installed by default. - Finding and installing WordPress themes to instantly change the look and feel of your website. - Plugins. What they are and how you can use them to create magnificent websites. - How

to update WordPress, themes and plugins. - Understand every single Dashboard setting and use our defaults if you want. - How to find and use the RSS feeds on your site to help search engines find your content. - The importance of user profiles, and how to assign a "Gravatar" image to your email address. - How to create great navigation systems on your site, with custom menus, internal linking and

related post sections. - Enabling and dealing with visitor comments. - Using the media library for images, video and more. - The difference between pages and posts, and when to use each one. - Effective use of categories and tags. Using these incorrectly can get your site penalised or even banned from search engines. - How to create content using both the Classic editor and the new

Gutenberg editor. - How to publish posts, and even schedule them so they will be published at some future date. - Using post revisions. - Two different types of homepage. A blog style page v a more traditional "static" homepage. - Using widgets on your site to add neat features. - Types of sites you can build with WordPress (blog, business, typical site), with videos on setting these up. We'll also cover those vital plugins

every site need, easily tell their you won't even including: - friends about notice it. Each Automatically your great web chapter ends take backups pages. Most with a "Tasks to and get them people learn Complete" sent to the cloud. better when they section. By - Automatically can actually see completing these create important what they are tasks, you'll not legal pages on reading about, so only become your site, like one thing this proficient with terms and book isn't, is shy WordPress, you'll privacy policy. - with screenshots. become Creating a There are over confident at contact page so 340 of them, using visitors can showing you WordPress. By contact you. - exactly what you the end of the Add a related will see on your book, you'll be posts section to screen, and building great the end of every prompting you to looking, post to keep take specific professional visitors on site actions as you WordPress longer. - Setup learn and master websites that good SEO WordPress. You look fantastic on practices. - may have heard any device... And Setup social that WordPress you'll enjoy doing sharing buttons has a steep it! on your site, so learning curve. *The Everything* visitors can With this book, *Store Createspace*

Independent Pub
More than 70
million websites
and blogs run on
WordPress: it's the
world's #1 web
development tool.
Now, you can make
the most of
WordPress without
becoming a
technical expert.
WordPress
Absolute
Beginner's Guide is
the fastest way to
get comfortable
and productive with
WordPress and its
most powerful
tools. Whether
you're new to
WordPress or not,
this practical,
approachable book
will show you how
to do exactly what
you want, one
incredibly clear and
easy step at a time
- all explained with
full-color
illustrations.

Leading WordPress
instructor Tris
Hussey provides
step-by-step
instructions for
every task requiring
more than one step.
Screenshots and
illustrations guide
you through
complex processes,
so you'll never get
lost or confused.
You'll find friendly,
patient, crystal-clear
coverage that
always respects
your intelligence,
and never
patronizes you.
Hussey covers all
this, and much
more:
Understanding the
mechanics of a
WordPress website
Installing
WordPress yourself,
along with the
themes and plug-ins
you want Using
WordPress.com if
you don't want to

run WordPress on
your own equipment
Setting up your site
right the first time,
to avoid problems
later Tweaking
themes to make
your site look
perfect Integrating
images and media
Making your site
mobile-ready Using
basic search engine
optimization
techniques to get
your site discovered
Troubleshooting,
maintaining, and
performance-tuning
your site
Heir of Fire John
Wiley & Sons
Let's learn how to
build a Wordpress
website together!
Even without any
prior computer
knowledge, you
can learn how to
create a blog that is
optimized for
Google SEO,
integrated with

social media channels and equipped with a WooCommerce online store. This Wordpress tutorial is illustrated with helpful screenshots to facilitate learning and decrease implementation time. You can easily learn how to build a beautiful Wordpress website that displays your company's name and logo and lets the world know that your company is influential and hip by adding an online presence with the functionality to process orders from anywhere in the world! And, you can build this wordpress website in 1-3 days, with some diligence. In this Wordpress step by step guide, you will learn: * How

to build a Wordpress website for your small business, whether it is currently a physical location or online destination. * How to choose a profitable website domain name and select the best web hosting server * How to install Wordpress and configure the Wordpress dashboard for your business * Updating and securing your Wordpress site to prevent hacking and digital theft * Selecting a Wordpress theme and customizing the theme for your business * Integrating an email list like Aweber or Mailchimp into your website * Setting up an online shop via WooCommerce to

facilitate digital sales * How to use SEO and keywords to increase internet visibility and internet traffic via search engine optimization on Google, Bing and other search engines. Page Up and Order Now! [WordPress For Dummies®](#) John Wiley & Sons Set up your WordPress site today! WordPress is a state-of-the-art blog publishing platform with a focus on aesthetics, web standards, and usability. The latest version of WordPress.org will be replaced in the fall of 2018 with WordPress 5.0. This will include a major change with the addition of new editor Gutenberg.

Take your WordPress experience to the next level with the information packed inside this All-in-One. From the basics of setting up your account, to choosing a host and theme, to managing content with editor Gutenberg, to keeping your site secure, these 8 books of expert information will help you take the WordPress community by storm. Build your site foundation Choose a server Become a site admin pro Learn how to manage content using Gutenberg Get ready to blog all about it!
WordPress to Go Packt

Publishing Ltd
Professor Richard Wiseman offers many quick and practical ways to improve your life gleaned from today's cutting edge-science, and in the process gives a psychologist's myth-busting response to the self-help movement. Whether you're looking to be more decisive in your life, to find a new job, or simply to be happier, the chances are that this book has the answers you need. For years,

the self-help industry has failed the public, often promoting exercises that destroy motivation, ruin relationships, increase anxiety and reduce creativity. Here, psychologist Richard Wiseman exposes these modern-day mind myths and presents a fresh approach to change that helps people achieve their aims and ambitions in minutes not months. From mood to memory,

persuasion to procrastination, resilience to relationships, Wiseman outlines the research supporting this new science of rapid change and describes how these quirky techniques can be incorporated into everyday life. • Find out why putting a pencil between your teeth instantly makes you feel happier • Discover why even thinking about going to the gym can help you keep in shape • Learn how putting just

one thing in your wallet will improve the chance of it being returned if lost • Discover why writing down your goals is more effective than visualizing them • Find out why retail therapy doesn't work to improve mood and what does [A Good Neighborhood](#) Houghton Mifflin Harcourt Key Features Up to date: Genesis Explained is completely updated for Genesis 2.9. Clear instruction: Learn how to

work with the Genesis Framework by following plain English and enjoyable step-by-step guides. Hands-on learning: Master Genesis by working with the code. Book Description Genesis is a powerful theme framework for WordPress. The GenesisFramework empowers you to quickly and easily build incredible websites with WordPress. Whether you're a novice or an advanced developer,

Genesis provides the secure and search-engine-optimized foundation that takes WordPress to places you never thought it could go. If you want to spend less time struggling with complex instructions, and more time building sites that make you proud, this is the book for you! This book was up-to-date for Genesis 2.9, the latest and greatest version of the Genesis Framework. What You'll Learn You'll

master the Genesis Framework through practical examples, simple explanations, and expert advice. This book approaches Genesis from a developer's perspective. You'll learn to work with powerful parts of the Genesis Framework, including actions, filters, functions and classes. Please note: This is not a book for beginners. This book assumes you are familiar with WordPress and have a basic knowledge of

PHP, HTML and CSS. Table of Contents Main Body Genesis Explained Getting Started with Genesis The Genesis Framework Explained Genesis Actions Explained Genesis Framework Actions Explained Genesis Filters Explained Genesis Framework Filters Explained Genesis Filters with Arrays Explained Genesis Functions Explained Genesis

Formatting and General Functions Explained	Genesis Actions and Filters in Classes Explained	How to Change the Content Limit in Genesis
Genesis Image, Markup and Options Functions Explained	Genesis Admin Overview Explained	How to Load a New Section on Specific Pages
Genesis Widgetize and Layout Functions Explained	Genesis Admin Class Explained	How to Build a Genesis Plugin
Genesis Classes Explained	Genesis Admin Boxes, Form and Basic Classes Explained	WordPress Admin Page with Genesis
Genesis Breadcrumb and Meta Boxes Classes Explained	Genesis Config and On Boarding Explained	How to Change the Gallery Post Format Output
Genesis Sanitization and Script Loader Classes Explained	Genesis Bonus Section How to Recover a Crashed Genesis Site	How to Use Custom Fields in Genesis
Genesis Customizer Class Explained	Genesis Templates in Genesis	About the Author Nick Croft is a very early adopter of Genesis. He worked in the support forums as a volunteer and eventually as a paid part-timer.
	How to Create Page Templates in Genesis	
	How to Version Your Genesis Style Sheet	
	How to Add a Widget Area to Genesis	

Hewent on to work as a full-time support person for StudioPress before moving on to working as a developer for the people who build Genesis. Even before he literally wrote the book, he wrote the figurative book on Genesis. Nick is also a core contributor to Genesis and has multiple, popular Genesis plugins. You Are Not Your Brain Penguin An in-depth and comprehensive take on WordPress, covering everything about the platform such as WordPress posts, pages,

themes, plugins, and effort possible and more. Key Features Get up to date with the latest WordPress 5.0 (Bebo) and all its new features Beginner-friendly layout and advice you can apply from day one with loads of screenshots and examples Enrich your development experience with the new block-based editor Gutenberg Book Description Back in the day, when you wanted to launch a new website, you either had to learn web programming yourself or hire a professional who would take care of the whole process for you. Nowadays, with WordPress, anyone can build an optimized site with the least amount of

then make it available to the world in no time. Here, in the seventh edition of the book, we are going to show you how to build great looking and functional websites using WordPress. The new version of WordPress – 5.0 – comes with a few important changes, and we tell you all about how to use them effectively. From crafting content pages using the block editor, and customizing the design of your site, through to making sure it's secure, we go through it all. The book starts by introducing WordPress and teaching you how to set it up. You are then shown how to

create a blog site, start writing content, and even use plugins and themes to customize the design of the site and add some unique elements to set it apart. If you want to get more in-depth, we also show you how to get started creating your own themes and plugins. Finally, we teach you how to use WordPress for building non-blog websites. By the end of the book, you will be sufficiently skilled to design high-quality websites and will be fully familiar with the ins and outs of WordPress. What you will learn to adapt your plugin with the Gutenberg editor Create content that is optimized for

publication on the web Craft great looking pages and posts with the use of block editor Structure your web pages in an accessible and clear way Install and work with plugins and themes Customize the design of your website Upload multimedia content, such as images, audio, and video easily and effectively Develop your own WordPress plugins and themes Use WordPress to build websites that serve purposes other than blogs Who this book is for The ideal target audience for this book would be PHP developers who have some basic knowledge of working with

WordPress and who want to get a comprehensive practical understanding of working with WordPress and create production-ready websites with it.

WordPress Websites For Business: How Anyone Can Maximize Website Performance And Results

Anchor The heir of ash and fire bows to no one. A new threat rises in the third book in the #1 bestselling Throne of Glass series by Sarah J. Maas. Celaena Sardothien has survived deadly contests and shattering heartbreak, but now she must travel to a new land to confront her

darkest truth. That truth could change her life-and her future-forever. Meanwhile, monstrous forces are gathering on the horizon, intent on enslaving her world. To defeat them, Celaena will need the strength not only to fight the evil that is about to be unleashed but also to harness her inner demons. If she is to win this battle, she must find the courage to face her destiny-and burn brighter than ever before. The third book in the #1 New York Times bestselling Throne of Glass series continues Celaena's epic journey from woman to warrior.

WordPress for Beginners 2020 St. Martin's Press

What does a marriage really look like behind closed doors? What secrets lie beneath the surface? How far will each spouse go to keep love alive? Saving Grace is a riveting, true-to-life novel about one woman's journey to save her family—and herself—from New York Times bestselling author Jane Green Grace and Ted Chapman are widely regarded as the perfect couple. Ted is a successful novelist and Grace, his wife of twenty years, is beautiful, carefree, and a wonderful homemaker. But what no one sees are Ted's rages, his mood swings, and the precarious house of cards that their lifestyle is built

upon. When Ted's longtime assistant and mainstay leaves, his world begins to crumble, and Grace, with dark secrets in her past, is most vulnerable. She finds herself in need of help but with no one to turn to...until Ted's new assistant, Beth, comes to the rescue. Young and competent, Beth possesses the calm efficiency to weather the storms that threaten to engulf the Chapman household. Soon, though, it's clear to Grace that Beth might be too good to be true. This new interloper might be the biggest threat of all—one that could cost Grace her marriage, her reputation, her

sanity...and her own life. "Green spins a dark romance, recalling All About Eve, where intimacy masks betrayal."
—Kirkus Reviews

Wordpress
Explained
Createspace
Independent
Publishing
Platform

The authoritative account of the rise of Amazon and its intensely driven founder, Jeff Bezos, praised by the Seattle Times as "the definitive account of how a tech icon came to life." Amazon.com started off delivering books through the mail. But its visionary founder, Jeff Bezos, wasn't

content with being a bookseller. He wanted Amazon to become the everything store, offering limitless selection and seductive convenience at disruptively low prices. To do so, he developed a corporate culture of relentless ambition and secrecy that's never been cracked. Until now. Brad Stone enjoyed unprecedented access to current and former Amazon employees and Bezos family members, giving readers the first in-depth, fly-on-the-wall account of life

at Amazon. Compared to tech's other elite innovators -- Jobs, Gates, Zuckerberg -- Bezos is a private man. But he stands out for his restless pursuit of new markets, leading Amazon into risky new ventures like the Kindle and cloud computing, and transforming retail in the same way Henry Ford revolutionized manufacturing. The Everything Store is the revealing, definitive biography of the company that placed one of the first and largest bets on the Internet and

forever changed the way we shop and read. *You've Reached Sam* Scholastic Inc. Completely up-to-date for 2018, WordPress Explained is a high-quality and fun introduction for beginning WordPress users. In WordPress Explained, readers will follow step-by-step instructions from top trainer and author Stephen Burge to build a complete WordPress site. Key Features Up-to-Date: Constantly updated, the material in WordPress

Explained is always current. Clear instruction: You will follow plain English, clear visuals and enjoyable step-by-step instructions. Hands-on learning: Following along with the instructions, you will build a complete WordPress site. What You'll Learn You'll master WordPress hands-on, through a complete case study, crystal-clear visuals, simple explanations, and on-target analogies, all extensively tested with real WordPress beginners. Burge walks you through

installing WordPress, planning sites that are easy to use and manage, adding content, and incorporating powerful site features without programming. Finally, Burge shows you how to run your site securely and efficiently, no matter how big or popular it becomes! Table of Contents WordPress Explained Planning for Your WordPress Website Your First 10 WordPress Tasks WordPress Posts Explained WordPress Categories and Tags Explained

WordPress Pages Explained Bonus: team make
 Explained WordPress learning fun.
 WordPress Media eCommerce OSTraining books
 and Galleries Explained Why are written in plain
 Explained WordPress English and are
 WordPress Explained? If you supported by
 Plugins Explained want to spend less plenty of online
 WordPress time struggling documentation
 Contact Forms with complex and videos. If you
 Explained instructions, and get stuck at any
 WordPress more time building part of the book
 Themes Explained sites that make with the
 WordPress Page you proud, this is instructions, all
 Builders Explained the book for you! you have to do is
 WordPress Stephen Burge email and the
 Widgets Explained and the OSTraining team
 WordPress Menus OSTraining team always replies.
 Explained have taught WordPress
 WordPress Users thousands and Explained requires
 Explained thousands of absolutely no
 Finishing and beginners. experience with
 Launching Your Nobody knows WordPress,
 Site WordPress more about content
 Site Maintenance guiding management,
 Explained What's WordPress users website
 Next? Bonus: The up the learning construction,
 Jetpack Plugin curve - from programming,
 Explained Bonus: confusion to scripting, or even
 Optimizing results! Burge and HTML. Please
 WordPress the OSTraining note: This book is

100% aimed at WordPress beginners who want to host a WordPress site on their own domain. About the Author Stephen Burge has split his career between teaching and web development. He now runs OSTRaining.com, which specializes in teaching website development. OSTRaining.com's clients include Apple, Pfizer, and the U.S. Departments of Energy, Education, and Commerce. Burge's books are some of the world's best-selling guides to the software they cover. Other books by Burge include: Joomla Explained (Addison - Wesley, 2011) Drupal 7 Explained (Addison - Wesley, 2013) Joomla 3 Explained (Addison - Wesley, 2014) MySQL Explained (OSTraining, 2015) Drupal 7 Explained (OSTraining, 2017) Drupal 8 Explained (OSTraining, 2017) Joomla 3 Explained (OSTraining, 2017) Multilingual Joomla Explained (OSTraining, 2017) Magento Explained (OSTraining, 2017) WooCommer

Explained (OSTraining, 2017) Explained (OSTraining, 2017) WordPress Explained (OSTraining, 2017) *Genesis Explained: Your Step-By-Step Guide to Genesis* Avery

Two neuroscience experts explain how their 4-Step Method can help break destructive thoughts and actions and change bad habits for good. A leading neuroplasticity researcher and the coauthor of the groundbreaking

books *Brain Lock* and *The Mind and the Brain*, Jeffrey M. Schwartz has spent his career studying the structure and neuronal firing patterns of the human brain. He pioneered the first mindfulness-based treatment program for people suffering from OCD, teaching patients how to achieve long-term relief from their compulsions. For the past six years, Schwartz has worked with psychiatrist Rebecca Gladding to refine a program that successfully explains how the

brain works and why we often feel besieged by bad brain wiring. Just like with the compulsions of OCD patients, they discovered that bad habits, social anxieties, self-deprecating thoughts, and compulsive overindulgence are all rooted in overactive brain circuits. The key to making life changes that you want to make your brain work for you is to consciously choose to "starve" these circuits of focused attention, thereby decreasing their influence and strength. As evidenced by the

huge success of Schwartz's previous books, as well as Daniel Amen's *Change Your Brain, Change Your Life*, and Norman Doidge's *The Brain That Changes Itself*, there is a large audience interested in harnessing the brain's untapped potential, yearning for a step-by-step, scientifically grounded and clinically proven approach. In fact, readers of *Brain Lock* wrote to the authors in record numbers asking for such a book. In *You Are Not Your Brain*, Schwartz and Gladding

carefully outline their program, showing readers how to identify negative brain impulses, channel them through the power of focused attention, and ultimately lead more fulfilling and empowered lives.

Mental Models

John Wiley & Sons
Fourteen-year-old Julian's parents separated when he was a baby and he is still angry and hurt. His mother has had relationships since--all of which have ended disastrously—but this time it seems serious. Jean-Paul looks like he might be the real thing. Julian is wary—and critical—as he comes to terms

with the fact that he and his brother may have to let down their defenses and allow their mother to find happiness. On a road trip with his mother and her new beau, Julian finds that love—and happiness—come in many guises. In the end, he realizes that it is not blood that determines true family, but the willingness to stand together.

Everything I Never Told You

Simon and Schuster
If you want to make a website that looks like it was designed by a pro then WordPress is the ideal tool to use. Designing a website need not be difficult or expensive if you have the right guidance. Sarah's

WordPress tutorial walks you through creating a website yourself using step-by-step lessons that are easy to follow. Making a website as a beginner has never been easier!